

Trinity- St. Luke's Lutheran School Athletics

Guidelines for Participation

(Please see school for most recent version.)

1. Eligibility

- TSL students in grades 5-8 who meet the eligibility requirements as outlined in the Tiger Code. (See Parent Handbook-p.17-18)

2. Equipment

- Practice clothes and gym shoes (not to be worn on any surfaces other than the gym floor)
- Game uniforms are supplied by the school

3. Discipline and Behavior

- The disciplines and behaviors as outlined in the Tiger Athletic Code will be expected of all players. (Parent Handbook p. 17-18)
- Parents and players must sign the Athletic Code Card and turn it in before participation in practice and games.

4. Practices

- Players should make every effort to make every practice.
- Make every effort to schedule other appointments at times that do not conflict with scheduled practice times.
- If a player is unable to make a practice, inform the coach ahead of time. If the coach cannot be reached, inform the athletic director, Mr. Torgerson.
- Missing a practice prior to a game may affect playing time. Coaches may have a certain rule they follow on this. They will go through it at the start of the season.
- Two unexcused absences per season will make the player ineligible for the next game.
- Three unexcused absences per season will cause dismissal from the team.

5. League Participation

- TSL participates in the Badgerland Lutheran Athletic Conference (BLAC) for all sports.
- 5-6 flag football is run through the Watertown Park and Recreation Department
- Tackle football is available through Lakeside Lutheran (Grades 6-8) or Watertown (Grades 5-8) programs.

6. Game Participation- (see TSL Philosophy of Athletics- p.2)

- C Teams- all players who have attended practices and worked hard at practice can expect nearly equal playing time in all league and non-league games. Tournaments may be handled differently by the coach.
- B Team- all players who have attended practices and worked hard during practice can expect some playing time in all league and non-league games. Tournaments may be handled differently by the coach.
- A Team- it is the goal to field the school's best team, but still seeks playing time for all players. All players may not play in every game.

- Players missing a full day of school the day of an athletic contest cannot participate in a game that day. A student who was sick must return to school by 11:00 to be able to participate.
- Players that play on Saturday that have missed school on Thursday and Friday may not participate in the game on that Saturday. A student missing on Friday may participate in no more than ½ of a game providing he/she is healthy on Saturday.

7. Team Make-ups- according to our school and league guidelines

Girls' Volleyball Team	Grade
A	7-8
B	5-8
C	5-8

Flag Football Team	Grade
A	7-8
B	5-6

*girls may play flag football offered by Park & Rec

Cross Country Team	Grade
One Team	5-8 boys & girls *

*4th graders may participate if not enough 5th graders to field a team

* 3 girls & 3 boys per grade make up a complete team.

Basketball Team	Grade
A	7-8
B	5-8
C	5-8

Track Team	Grade
One Team	5-8 boys & girls

Softball Team	Grade
Boys	7-8
Girls	7-8

6th graders may play softball if there are not enough 7-8 to make a team.

8. Questions and Concerns

- Please direct any questions or concerns to the athletic director, Mr. Tim Torgerson (206-1844 school or 261-0746 home)
- An athletic schedule of events is available for all sports at the school office or from Mr. Torgerson. 5-6 grade flag football schedules will be sent home when received from Park & Rec.